

STRESS AND ANXIETY RELIEF OIL

Ingredients:

lavender flower, cedarwood, ho wood leaf, Ylang Ylang flower, marjoram leaf, Roman chamomile flower, vetiver root, sandalwood wood, fractionated coconut oil

Product description:

The stress and anxiety relief oil has a calming and relaxing aroma that provides a unique user experience. This perfectly balanced, tranquil blend can be sensed immediately, transporting the user to a peaceful state of mind. The oil combines essential oils renowned for their ability to create a restful environment at bedtime. Apply to the hands and inhale throughout the day to help reduce stress and anxiety. The addition of cedarwood, ho wood, and vetiver essential oils gives this product a grounding aroma that encourages a tranquil atmosphere when it's time to wind down.

Uses:

Apply to bottoms of feet at bedtime to help unwind before going to sleep. Inhale directly from hands for a soothing aroma to reduce stress and anxiety. Apply to the back of the neck or on the heart for a sense of peacefulness.

Directions for use:

Topical use: Apply on desired area and rub or massage gently.

Cautions:

Possible skin sensitivity. Keep out of reach of children. If you are pregnant, nursing, or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas.

Shelf life:

12 months

Effect of lavender: balancing, calming, uplifting, stimulating and refreshing, anti-bacterial, antiviral, antiseptic, pain-relieving, stimulates blood flow, reduces cramps.

Effect of cedar wood: protective, restoring balance, stimulating (lust), strengthening, promoting self-confidence. Helps against hair loss and cystitis. Antifungal, circulatory stimulant, insect repellent, disinfectant, soothing, helps to calm the nervous system

Effect of ho wood leaf: Antibiotic, caring, stimulates the immune system, analgesic, anti-rheumatic, expectorant.

Operation Ylang Ylang: Euphoric, stimulating sex drive, calming, sedative. May lower blood pressure increased by stress, calming, detoxifying, anti-inflammatory, regulating, stimulating blood circulation, fighting obesity.

Effect of marjoram: soothing and warming and can help to relax before going to sleep.

Effect Roman chamomile: calms the skin, calms, relaxes, uplifts, gives courage.

Effect of vetiver: works grounding, calming and stabilizing and helps you deal with emotional stress and pain, helps to stabilize and calm the nervous system, so that the scent helps you to sleep, brings peace and harmony, increases your concentration.

Effect of sandalwood: Sex drive enhancing, stimulating, cleansing, calming, anti-inflammatory effect on dry eczema, boils and acne, can soothe dry and aged skin, reduce itching, especially after shaving, and can make dandruff disappear, relieve nervous tension and anxiety, can help to sever ties with the past.

Effect of fractionated coconut oil: strengthens the immune system, helps to combat eczema, gives relief from psoriasis, nourishes and moisturizes both the skin and hair, has an antibacterial effect.